

and we should have the same lowering of standards, because they would be without the knowledge necessary for their guidance. But in the case of the medical profession, and of midwives, the law steps in and defines the minimum qualifications. I, therefore, sympathise to some extent with Committees who find themselves in a difficulty in regard to deciding what is a trained nurse.

The real, and I believe the only, solution of the difficulty is for the State to deal with nurses as it does with medical practitioners and midwives, and place in the hands of an expert body the definition of the standard to be attained by anyone desiring to rank as "trained." Then Committees who desire to employ trained nurses can do so, and those who do not can utilise the "born" and the "useful" nurse. But the experts would then be distinguished and distinguishable from the natural geniuses.

I am, Dear Madam,
Yours faithfully,
NOT A GENIUS.

THE NIGHT NURSE.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—Regarding the practices of night duty, may I give you an experience of my own. I am myself a trained nurse. I nursed in a hospital and on a district for five years before I was married. Last New Year's Eve my mother, who is nearly 70, was taken seriously ill with brain trouble as the result of a terrible shock. As I was quite unable to go to her, being ill myself, my sister nursed her for a week by herself, the doctor coming three or four times a day. At the end of the week a trained nurse was sent for from a reputable home. This lady came on duty about 10.30 p.m. with her hair in a plait down her back, no collar or cuffs on, no apron on. The latter part of the night she went to sleep. If her patient needed anything, for by this time she had lucid intervals, she had to wake the nurse up. The nurse never left a report, never took a temperature; on my sister asking why, she shrugged her shoulders and said "It's no use, the case is so hopeless." At the end of the week it was found that a blister which had been raised on the neck had not been dressed at all, the bed remained undressed, the hair had not been done, and was all tangled up. The doctor, who found it out, sent her away. The fee charged was £2 2s. for the week, 2s. 6d. cab fare, 2s. 6d. washing. Fortunately the next experience was a little better, and after weeks and months of hope deferred my mother recovered. S.E.K.

Other correspondence is inevitably held over.—Ed.

Comments and Replies.

Miss A. A. L.—We believe it is usual to ask half fees under the circumstances you describe, but an agreement should always be made in writing at the time of engagement. If you have not got this you could not enforce your claim if it is dis-

puted. You might write and point out that you kept yourself free from other engagements in order to attend the case, and that the above is the usual procedure under the circumstances.

Notices.

THE SOCIETY FOR THE STATE REGISTRATION OF TRAINED NURSES.

All those desirous of helping on the important movement of this Society to obtain an Act providing for the Legal Registration of Trained Nurses can obtain all information concerning the Society and its work from the Hon. Secretary, 431, Oxford Street, London, W.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page xii.

Buoyant Grocer.

FOOD GIVES THE FEELING.

A grocer writes from Co. Sligo: "For some considerable time I have been selling Grape-Nuts, but only recently decided to try it myself. I am now, thanks to this food, quite free from constipation and piles, from which I suffered for many years. I am also free from mental depression, and in fact am quite buoyant.

"I take about three teaspoonfuls of Grape-Nuts after every meal, quite dry, and if any sufferer tries the same plan I fancy it will be with the same delightful results."

Name given by Grape-Nuts Co., 66, Shoe Lane, E.C.

In Grape-Nuts food is retained the valuable phosphate of potash in the wheat grains, which combines with albumen in the body to make the delicate grey matter in brain and nerve cells. Hence Grape-Nuts furnished the brain food this man required and relieved the mental depression. It cured his constipation, because the food is so easy of digestion, being pre-digested, as well as most nourishing.

A ten days' trial will convince.

There's a reason.

WARNING.—Imitations of Grape-Nuts are on the market, paying the retail grocer a special profit to push the sale.

If you really want a skilfully and scientifically made brain food, insist upon getting Grape-Nuts. Most grocers will promptly supply genuine articles without attempt to palm off something "just as good."

If your grocer tries to substitute some imitation "Nuts" for genuine Grape-Nuts, perhaps the other grocer down the street might serve you more faithfully.

If you find Grape-Nuts food a bit soft from the late damp weather, put it in an oven with the door left open and dry until crisp. Then add a sprinkle of sugar and some milk enriched with cream and there you are, the finest breakfast food extant.—Advt.

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